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Treasured Polish Recipes For Americans



Synopsis

For three generations, *Treasured Polish Recipes for Americans* has been a favorite of cooks and diners who savor and appreciate authentic Polish cuisine. *Treasured Polish Recipes for Americans* preserves the integrity and unique qualities of delicious Polish cooking while making it accessible to anyone, even those with no experience preparing Eastern European food. Craving traditional Polish KieÅ basa or Kapusta Å wieÅ a na KwaÅno (sweet sour cabbage), or how about Kapusta Czarwona (red cabbage), Å ledzie Marynowane (pickled herring), Czarnina (duck soup) with Kluski, or nearly a dozen varieties of Pierogi and PÅ...czki (fried donuts with filling)? *Treasured Polish Recipes for Americans* includes these recipes and many many more. With almost 500 recipes, every meal and practically every dish is covered, including a multi-course Christmas dinner. More than just a collection of recipes, *Treasured Polish Recipes for Americans* takes the reader on a tour of Polish culinary customs, dishes, and traditions. It also gives advice on foundational cooking techniques, ingredients, and sauces enabling you to master and improvise your own Polish-style dishes. Accented with Polish folk art, this timeless cookbook offers a charming and satisfying experience for both your stomach and spirit.

Book Information

Hardcover: 168 pages

Publisher: Allegro Editions (September 17, 2013)

Language: English

ISBN-10: 1626549494

ISBN-13: 978-1626549494

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÅ Å See all reviewsÅ (42 customer reviews)

Best Sellers Rank: #297,482 in Books (See Top 100 in Books) #24 inÅ Books > Cookbooks, Food & Wine > Regional & International > European > Polish #220 inÅ Books > Cookbooks, Food & Wine > Entertaining & Holidays > Holidays

Customer Reviews

This book has been given to every successive generation in my family as a must have book on Polish cooking and tradition. Starting with my great grandmother (who was from Poland), down to me, this book has been great to all of us. There are a variety of different recipies, stories, and information about traditions all broken down in a very logical, easy to use manner. A must for all

Polish Americans!

My Italian mother-in-law gave me this as a gift, knowing of my heritage. I picked up my own copy at Piekutowski's European Style Sausage (the BEST Krawkow and Jewish Rye in the St. Louis area), a place I have been going since a small child. .With recipes as varied as Czarnina, Bigos, the ever-beloved Pierogi, and Ciastka z Bakaliarni (Fruit Rocks), this book has been a priceless resource; giving insight into not only the hows of traditional Polish cooking, but the underlying whys of various cultural influences. It also provides a unique insight into the ties between food and religion from basically Polish/Catholic daily life.

Although I'm not Polish, I really love their food. There are several books on the market right now which are commendable, but this is the absolute Bible. There are over 500 recipes, so I dare you to look for a recipe that isn't in here. When I found that Czarnina soup (which calls for blood) and Dziad (Beggar's Cake) were included, I knew it was authentic enough for me!

This is a great anthology of all Polish recipes and tells many different variations for each one. It's especially handy to have the history and traditions related to different foods described in the text.

My neighbors are warm-hearted, very kind Poles, and she is a FABULOUS cook, so I bought this book and ran it by her. She approved it, so I kept it, although I haven't tried any of the recipes yet. My only disappointment is that it's a very small cookbook. If you purchase it, be sure to read the foreword and the introductory pages, which I normally skip. They give you some pretty amazing - and fascinating insight into why Polish food is so wonderful and incredibly delicious. To skip them would be to shortchange yourself, unless, of course, you happen to be Polish yourself and already know this information. It in itself makes for very good reading.

This is more than a cookbook. Jasinski and Sokolowski begin with a thoughtful account of the sufferings of Poland. There is also discussion of the Wigilia (Christmas Eve supper), the Lenten fast, and the sumptuous Easter dinner. A table of equivalent measurements is provided. The dishes elaborated in this book include meats, such as leg of lamb, kiszka, kielbasa, and ham. The pastries discussed include filled cream puffs (paczki), chruscik, and mazurek.

if I could have only one cookbook - this would be it, honest! Mine went missing about 10 yrs ago

when we moved and I have really missed it. Nothing 'gourmet' here - this is simple, everyday food that you would find in any Polish kitchen ... it is the original 'comfort food' - Pierogis (several filling recipes), Kolacky, Makowiec (poppy seed jelly roll), Bigos, Babkas ... Beggar's cake - I had never seen a recipe for one before! And it has one entire section dedicated to nothing but mushrooms - they are that important to Polish cuisine. A "Must Have" for any kitchen, Polish or not!

My granddaughter and I had spent time making Polish dishes handed down from her great-great-grandmothers, immigrants from Poland. When she got this book for her eighth birthday, she was delighted and began looking up dishes we had made. A wonderful way for children to become aware of their ancestry.

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